

Mobility of Youthworkers

Training Course

T_{raining} o f T_{rainers} :

**Empowering Youth
workers for
Supporting Diversity**

2018-1-CY02-KA105-001196

Hosting/applicant: NECI Cyprus

Funded by: Erasmus+ Youth, NA Cyprus

Informational Package

Dear Legal representatives and youthworkers of partners' NGOs,

Welcome to the project “Empowering Youth workers for Supporting Diversity” which is funded by Erasmus+ under the Key Action 1 Mobility of Youthworkers.

Partners:

- (a) Network for European Citizenship and Identity -NECI Cyprus;**
- (b) S.S.D. ar.l. L'Orma Italia;**
- (c) Civil Education & Training Platform - Hellas;**
- (d) Network For European Citizenship and Identity Spain;**
- (e) NGO Youth Club Active Estonia;**
- (f) Konak Young Aegeans Group Turkey;**
- (g) Association of Ruse in help for society and young people Bulgaria;**
- (h) Asociatia MasterPeace Ro Romania.**

1. Project Summary

During and throughout this project 8 partners, with 26 participants from Cyprus, Greece, Estonia, Turkey, Italy, Romania, Bulgaria, Spain aim to assist, inspire and train youthworkers to become more competent in their work, develop themselves as youth trainers and support their peers and youths on respecting diversity. The mobility/TC week will be implemented from 18-28/1/2019 in Larnaca Cyprus. The team of trainers will provide tools and practices through NFL methods (sharing experiences, readings and practice, self-reflection, experiential learning, learning by doing, simulations, role plays, debriefing, debate sessions, intercultural evenings) and experiential visit to a refugee camp, in order to assist youthworkers to get aware about the power of the development of basic key competences for identifying the needs of their group of youths and of their NGOs and then to be able to design inclusive practices and activities for suggesting and providing solutions for issues that may cause problems in their communities. In general by developing youth trainers we will enhance youth workers to facilitate more effectively in inclusive and diverse settings, especially nowadays that societies are becoming multiethnic due to migration movement.

Objectives:

1. To recognize, develop empathy on, and respond effectively intercultural and inclusive settings
2. To have an increased capability to analyze and identify the needs of the youth (irrespective their cultural background) and their NGOs
3. To be empowered with tools and means for developing their competences (L2L, Social, Intercultural, Languages, Creativity) and their performance and focus on strong points and image when working in intercultural settings
4. To stimulate learning process (self-directed for the trainers themselves and improve the ability of trainers to direct others' learning processes as resource people)
5. To acquire ways and methods of evaluation and debriefing for enhancing the training process
6. To enhance and support them on how to create Tools for visibility and dissemination

2. Venue

Arrival: 18 January 2019

Departure: 28 January 2019

The Training Course will take place to Larnaca. The hotel (Cactus Hotel) is located 7 km from the Larnaca International Airport (<http://www.cactushotellarnaca.com>)

3. Participants Profile

(a) They are between 20 to 50 years old and have little or no experience in international trainings

- (b) Gender balance required
- (c) MUST be able to communicate fluently in English
- (d) Must be registered member and youth workers in partner NGO.
- (e) They are aware about (and work for minimizing) social exclusion in their communities as is observed in EU
- (f) Each selected participant agrees with all provisions and information in this infopack.

4. Selection of Participants

- 1 Project managers need to inform their youth workers for the objectives and requirements of the Training Course
- 2 Candidates who do not fulfil the paragraph 3 (participants' profile) are not eligible
- 3 participants who are interested to join the activity shall complete the application form that follows



Deadline to complete this application form: 01/12/2018

- 4 Afterwards we will provide to the participants one more questioner regarding further details (personal, professional)
- 5 Also advise the participants to read carefully this infopack. In case anything is not clear, advise them to contact us.
- 6 Furthermore, to look for flights and the sooner possible to book their flight to Cyprus ONLY WHEN THEY WILL BE ADVISED BY US as well.
- 7 Deadline for booking tickets and inform us about it: 05/12/2018.
- 8 We WILL NOT ACCEPT flights that DO NOT DEPART OR RETURN TO COUNTRY OF ORIGIN/REGISTRATION OF THEIR NGO, since this practice is not accepted by NA Cyprus. Therefore, we will not reimburse their tickets and expenses.
- 9 Arrival -Departure airport: Larnaca International Airport "Glafkos Clerides" or Pafos International Airport.
- 10 ERCAN airport is not eligible since it's not a legal entry to Cyprus.

11 **IMPORTANT NOTICE:** The structure of the Training Course is highly intensive and demanding, plus requires full attendance and participation. It starts at 9:30 am and will end very late. Therefore, youth workers who will attend as participants need to show responsibility commitment during their participation. They need to be aware that the training is intensive and in case there is anyone who considers this Training Course as a wow opportunity to explore sunny Cyprus during Training Course days, we would like to point out that this is certainly not the case.

5. Transportation: Maximum allowance in euro for travelling per participant:

Country	TOTAL per person	PAX	Team (pg 9-10)	Destination
Cyprus	20	3	1	Larnaca
Romania	275	3	1	
Greece	275	3	0	
Bulgaria	275	3	1	
Turkey	275	2	0	
Italy	360	3	0	
Estonia	360	3	0	
Spain	360	3	0	
		23	3	

We advise participants to arrive at Larnaca International Airport.

There you will get the bus number 425 which leaves to the Larnaca center every 30 minutes.

Costs: 1.50 euros one way (save the ticket for reimbursement)

You can go down at Touzchane 2, bus stop which is only 3 minutes walking from the hotel. In case you miss the bus stop, you will reach Finikoudes street (Palm street, coast street). Show to the driver the name of it, its central point.

From Finikoudes str. Walk towards the castle. When you pass it, after 500 meters to the right it's the hotel.

IMPORTANT NOTICE: If you get a taxi from the airport to the hotel it cost around 12-15 euros –**TAXI costs are not eligible and will not be reimbursed.** Only in rare cases taxi is eligible and this shall be approved by the Hosting Organization.

As soon as we will have the final arrival and departure time of yours we will inform you whether is possible to pick you up from the airport.

6. Reimbursement

Reimbursement will be completed in EURO through Bank Transfer to their NGO Account between 01/03/2019 and 01/05/2019.

We will first expect from the participants and partners NGOs to fulfil first all the requirements and implement and apply every obligation of theirs as it is included in “Agreement with Participants”.

7. Personal Insurance

Insurance cover for personal effects is the responsibility of the individual participant. You are strongly recommended to insure your personal effects for the whole period of your absence from home. Neither NECI nor any venue used during the event can entertain claims against loss of or damage to personal property. You are recommended to ensure that you have adequate medical insurance to cover the period of your stay in Cyprus. Contact your health insurance or travel agency for more details. You are also advised to issue the European Health Insurance card.

8. Some more information

1. You must be at the hotel before 17:00 at 18/01/19. Official programme starts at 18:00 of the same day.
2. The hosting organization covers accommodation, 2 meals and a breakfast and 2 coffee breaks.
Dinner on arrival: 18/01/19
Full board: 19-27/01/19
Breakfast on departure: 28/01/19
3. We do not cover anything else that is not at the official agenda/timetable of the Project.
4. There is not any participation fee.
5. All travel documents shall be provided before departure, (if after departure then through mail with tracking number/registered mail)
6. Since the Agenda of Activities is full and overloaded, in case you would like to visit Cyprus a few days more and see the surroundings you can come 16/01/19 or 17/01/19 and depart on 29/01/19 or 30/01/19. Any extra days besides the ones that are mentioned at the part 8.2 are not covered. Related to this, your arrival to your final destination shall not exceed the 18 hours from the time you depart from your country to reach Cyprus (and on the way back).
7. This is the project website. Anything related to the project you are invited to send it to us and we will upload it: <http://necicyprus.wixsite.com/TOT2019>. It will be “on” after 7th January.

8. We have facebook group also, so you suggest that you need to follow it for information related to the project:



9. Other important information

Weather -January is considered to be cold month with an average of degrees 8-12 °C during day time and -2 to +4 during nighttime.

Sports/comfortable clothes: Make sure to bring comfortable clothes and walking shoes with you as during your free time you may wish to explore the city.

Intercultural Evenings: Prepare something that represents your country of origin. It can be dance, quiz, games, songs, a bit of tastes/food. Cooking or preparing in the hotel kitchen though is not allowed.

Internet: At the hotel -in public places- it is possible to use internet for free (WIFI) if you bring along your own computer or wifi device. The hotel charges the internet connection in the bedrooms. The cost is 3 euro per day, 6 euros per 3 days.

Electricity: **Cyprus has the 240 Volt/ 50 Hz 3 pin electricity plugs – so you will definitely need adaptors make sure you bring at least one with you (and your chargers for mobile phones, cameras etc :-)**



Cyprus Time Zone: UTC (or GMT) +2

Cyprus International Dialing Code: +357

Local currency of Cyprus: euro

10. The team of Trainers and Support staff:

Renos Georgiou

I am the founder and executive director of NECI EU. I prepared this project and application and I will be one of the trainers of the project. I have also prepared the certain project seeing the learning needs that were shared among partners NGOs. I am trainer using NF approaches since 2004 and formal educator since 1999. I worked with international trainers from ISCA, from Council of Europe etc. I also attended courses on educational and developmental psychology, on Nationalism and Ethnicity, graduated MA in Educational and Social Inclusion, MA in Special Education and Certified in Personal Coaching. I have designed and implemented international projects under Socrates Comenius under the Mult Part Action, among which some of them were awarded by E.C and presented in Brussels for their innovative input. Moreover i designed and implemented more than 55 international projects under YiA and E+, funded by NA CY and other EU NAs (Romania, Turkey, Italy, Spain, Bulgaria, Greece, Estonia). My main interest focuses on social inclusion, conflict management and Self Development, media and ETS. I am also collaborating with NA Cyprus in several TCAs as project manager on S.I and trainer.

Nora Stefanova

NF Trainer and youth worker, followed several ToTs, with experience more than 11 years. She worked for National Agency Bulgaria. Her main training interests are on development of key competences through NFL. Recent experience: She delivered KA1 TCs in Spain, Germany, Poland, Romania and Hungary on the topics of project management, intercultural dialogue. She worked with Renos Georgiou as both main trainers at the TCA organized by N. Agency Cy in October 2017.

Contacts:

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TIMETABLE: 18/01/19 – 28/01/19

18/01	19/01	20/01	21/01	22/01	23/01	24/01	25/01	26/01	27/01	28/01
				07:30 - 9:15 Breakfast	13:30 - 15:00 Lunch		19:30 - 20:30 Dinner			
Arrivals 18:00-19:00	<p style="color: blue;">(19/1)</p> <p>Getting to know each other Harmonization and clarification of project principles.</p> <p>Youthpass presentation</p>									
Welcoming Ice breaking	<p style="color: blue;">(20/1)</p> <p>Competences development, understanding intercultural dialogue, Sharing of practices</p>									
20:30-21:30 About us	<p style="color: blue;">(21/1)-</p> <p>L2L/SDL, The Power of Reflection as a self development process.</p> <p>Real time Stories: at the refugees' camp</p>									
	<p style="color: blue;">(22/1)</p> <p>Make you SMART Plan</p>									
	<p style="color: blue;">(23/1)</p> <p>The power of debriefing</p>									
	<p style="color: blue;">(24/1)</p> <p>The importance of Evaluation</p>									
	<p style="color: blue;">(25/1)</p> <p>Evaluation part2, Working on the needs, I 'm a youth trainer NGO fair, Youth pass Completion</p>									
	<p style="color: blue;">(26/1)</p> <p>Project Factory, Europass CV Personal branding</p>									
	<p style="color: blue;">(27/1)</p> <p>The Dissemination part Evaluation</p>									
	<p style="color: blue;">(28/1)</p> <p>Departure</p>									

